Press release

Frankfurt am Main, 28 February 2023

## Delayed publication of annual report

Due to significant additional workload arising from the amendment of its financing instruments and the acquisition of FitnessLoft in December 2022, LifeFit Group MidCo GmbH will be unable to publish the annual report for the financial year ended 31 October 2022 on 28 February 2023 as originally scheduled. The annual report is now expected to be published on or about 21 March 2023.

## ABOUT LIFEFIT GROUP

LifeFit Group is a leading fitness and health platform in Germany that unites several fitness brands from the boutique, premium and high-value-best-price segments under one roof. The group strives to inspire and support its customers to improve their lives through personalised, fun and purposeful health and fitness experiences. Fitness First is the most well-known brand of LifeFit Group. With Fitness First BLACK the gym chain offers upscale benefits and services in the premium market segment, while Fitness First RED (national), Smile X (southwest) & In Shape (South) serve the full-service-best-price market segment offering a special workout space concept for a wide range of customers with an appealing modular price concept. Elbgym complements the multi market segment offering as an exclusive performance fitness provider with its unique and strong community. The boutique fitness concepts of Barry's, the pioneer of indoor high-intensity interval training, The Gym Society, the innovative compact studio concept from the Netherlands, as well as the Club Pilates and Pure Barre brands of Xponential Fitness, complete LifeFit Group's diverse portfolio. For more information, visit www.lifefit-group.com.

Press contact LifeFit Group Mareike Scheer Group Communications Manager Phone: +49 (0)1522 2930 014 E-Mail: presse@lifefit-group.com

Adel & Link Public Relations PR-Team LifeFit Group Alina Rietmann / Louisa Schmitt Phone: +49 (0)17641319348 E-Mail: lifefit-group@adellink.de