

PRESS RELEASE

LifeFit Group MidCo GmbH
Hanauer Landstr. 148a
60314 Frankfurt

T +49 69/40 8016000
presse@lifefit-group.com
lifefit-group.com

LifeFit Group confirms effective date of amended terms and conditions and payment date of consent date

Frankfurt/Main, 22 December 2022. As announced in a press release on 19 December 2022, LifeFit Group MidCo GmbH (the “**Company**”) has received the bondholders’ approval to amend the terms and conditions of the Company’s outstanding bond loan 2019/2023 with ISIN NO0010856966 (the “**Bonds**”). The effective date of the amendments and the payment of a consent fee to the bondholders have been conditional upon certain conditions being fulfilled.

The Company hereby confirms that all conditions have been fulfilled, that the amendments to the terms and conditions of the Bonds will come into effect today and that the payment date for the consent fee will be 27th December 2022. The record date for the consent fee is 21 December 2022, as announced by the Company on 19 December 2022.

ABOUT LIFEFIT GROUP

LifeFit Group is a leading fitness and health platform in Germany that unites several fitness brands from the boutique, premium and high-value-best-price segments under one roof. The group strives to inspire and support its customers to improve their lives through personalised, fun and purposeful health and fitness experiences. Fitness First is the most well-known brand of LifeFit Group. With Fitness First BLACK the gym chain offers upscale benefits and services in the premium market segment, while Fitness First RED (national), Smile X (southwest) & In Shape (South) serve the full-service-best-price market segment offering a special workout space concept for a wide range of customers with an appealing modular price concept. Elbgym complements the multi market segment offering as an exclusive performance fitness provider with its unique and strong community. The boutique fitness concepts of Barry’s, the pioneer of indoor high-intensity interval training, The Gym Society, the innovative compact studio concept from the Netherlands, as well as the Club Pilates and Pure Barre brands of Xponential Fitness, complete LifeFit Group’s diverse portfolio. For more information, visit www.lifefit-group.com.

Press contact

LifeFit Group
Mareike Scheer
Group Communications Manager
Phone: +49 (0)1522 2930 014
E-Mail: presse@lifefit-group.com

Adel & Link Public Relations
PR-Team LifeFit Group
Alina Rietmann / Louisa Schmitt
Phone.: +49 (0)17641319348
E-Mail: lifefit-group@adellink.de