

PRESS RELEASE

LifeFit Group Hanauer Landstr. 148a 60314 Frankfurt

T +4969/408016000 presse@lifefit-group.com lifefit-group.com

LifeFit Group MidCo GmbH aligns financial year with operating companies and publishes additional annual audited consolidated financial statements for 2019

Frankfurt/Main, 29 September 2020. LifeFit Group, a leading fitness and health platform in Germany and operator of the Fitness First, Elbgym, smile X, Barry's Bootcamp, The Gym Society Germany, Pure Barre and Club Pilates brands, has published its audited annual consolidated financial statements for the financial period ended 31 December 2019.

LifeFit Group MidCo GmbH (the "**Issuer**"), a LifeFit Group entity, published its audited consolidated financial statements for the financial period ended 31 October 2019 on 28 February 2020. In order to comply with German legal requirements, the Issuer today publishes its annual audited consolidated financial statements for the financial period ended 31 December 2019. Further information was provided in the press release on 13 August 2020.

On 7 August 2020 the Issuer completed the filings for registration of change of its financial yearend from 1 November to 31 October in order to align with the financial year-end applied by the operating companies of the LifeFit Group. Thus, the reporting period from 1 January 2020 to 31 October 2020 is a short financial year.

Going forward, the Issuer's financial year will end on 31 October of each year and quarterly reporting will thus continue on this basis, which will simplify reporting by aligning the filing dates for operating companies and the Issuer.

ABOUT THE LIFEFIT GROUP

The LifeFit Group is a leading fitness and health platform in Germany, uniting several fitness brands from the boutique, high-value-low-price and premium segments under one roof. The Group is committed to inspire and support its customers to live their best lives through personal, fun and focused health and fitness experiences. Fitness First is the largest fitness service provider of the LifeFit Group and offers a motivating fitness experience including innovative training concepts, relaxation in the form of wellness facilities and 20+ pools. The exclusive Hamburg performance fitness provider Elbgym stands for hard training and a strong community, while smile X positions itself in the high-value-low-price segment with a dedicated training area concept for a broad range of customer groups. The boutique fitness concepts of Barry's Bootcamp, the pioneer of high-intensity interval training indoors and The Gym Society, the innovative compact studio concept from the Netherlands, which aims to reach 80% of health-conscious people who have not yet found the right concept and now Xponential Fitness' brands Club Pilates and Pure Barre complete the diverse portfolio of the LifeFit Group. Learn more about LifeFit Group online www.lifefit-group.com

Press contact: LifeFit Group Mareike Scheer PR Manager Phone: +49 (0)69 408016-150 Email: presse@lifefit-group.com

Adel & Link Public Relations PR-Team LifeFit Group Marisa Puschmann / Natalie Buß Phone.: +49 (0)69 1534045-48 Email: lifefit-group@adellink.de